



**THE AUTHENTIC T-SHIRT COMPANY®**  
**Pro Team Long Sleeve Youth Tee**  
**Y350LS**

**Product Features:**

- 6-oz, 100% polyester jersey knit
- Tagless
- Moisture wicking
- Long sleeves for additional coverage and protection
- Double-needle stitching at sleeve and bottom hems
- Cationic dye process resistant to color bleeding

**Youth sizes S (6-8), M (10-12), L (14-16), XL (18-20)**

Corresponding styles:

- Pro Team Long Sleeve Tee - S350LS
- Pro Team Tee - S350
- Ladies' Pro Team Tee - L350
- Youth Pro Team Tee - Y350
- Youth Pro Team Short - Y355
- Pro Team Short - S355

**Fabric Detail:**



"ATC" heat transfer label for tag free comfort

Active performance jersey



**Available Colours and PMS Colours**

Textile fabric colours are subject to dye lot variation and will not be exact match to print pantone reference

Black	Coal Grey	Forest Green	True Navy	True Red	True Royal	White
Black 6C	Between Cool Grey 10C & Cool Grey 11C	7736C	539C	200C	Between 7686C & 7687C	N/A

Due to the nature of 100% polyester performance fabrics, special care must be taken throughout the screen printing process.

# Y350LS - The Authentic T-Shirt Company® Pro Team Long Sleeve Youth Tee

<b>GARMENT MEASUREMENTS</b>				
Size	S	M	L	XL
Chest - <i>Half Measure</i>	16"	17"	18"	19 1/2"
Chest - <i>Full Measure</i>	32"	34"	36"	39"
Body Length from HPS	21 1/2"	23"	25"	27"
Sleeve Length from CB	26"	27"	28 1/2"	30"

*Finished measurements in inches. Refer to How to Measure guide for detailed information on measurement instructions.*

<b>YOUTH General Sizing Guide</b>				
Size	S	M	L	XL
Numeric Size	6-8	10-12	14-16	18-20
Chest	26"-28"	28"-30"	30"-32"	32"-35"
Waist	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"



## **PRINTING INSTRUCTIONS FOR POLYESTER WICKING FABRICS**

Due to the nature of 100% polyester performance fabrics, special care must be taken throughout the printing process. Here are some tips to effectively decorate our performance products.

- Garment temperature must not exceed 320°F or 160°C. Exceeding this temperature will cause the fabric to shrink, become wavy or cause dye migration.
- Dryer temperature and belt speeds must be changed accordingly for polyester fabric.
- If flashing these garments, do not exceed 1-2 seconds. Anything longer may damage the fabric as stated above.
- **Screen Printing:** These garments require the use of poly inks that cure at a lower temperature. A Dyno Grey base blocker on all colours and a second white base blocker on all dark colours are recommended. Please consult your ink supplier for more information.
- Polyester requires a longer cooling time than cotton. Avoid overlap of garments and screen-print/heat transfer until the garments are cooled. Failure to cool the fabric prior to stacking into a printer's fold may cause the fabric and applied ink to stick together.
- **Heat Transfers:** Poly mark heat transfers need to be created with an anti-migration layer in the design. This process can only be done on white or very light coloured fabric. Inks used in printing paper design needs to be darker than the base fabric or colour will migrate with the fabric colour resulting in a bleeding effect.
- **Sublimation Printing:** As noted for the poly mark heat transfers, this process can only be done on white or very light coloured fabric. Inks used in printing paper design needs to be darker than the base fabric or colour will migrate with the fabric colour resulting in a bleeding effect.
- If you heat press these garments, you must adjust the time, temperature and pressure. Failure to do so may damage the fabric as stated above.
- A test sample run is recommended, especially if you have a large order or if your printer does not specialize in printing on performance fabrics.